

RULES

HOT WINGS Challenge

- **Time Limit:** 10 minutes to finish 10 wings
- **Bone Cleanliness:** Participants must strip all meat from the bone using only their mouth. Judges inspect bones at the end.
- **No Relief Liquids:** Drinking milk, water, beer, or any other beverage is strictly banned during the challenge.
- **No Condiments:** Side items like celery, ranch, or bleu cheese are completely prohibited.
- **No Wiping:** Using napkins, wet wipes, or washing hands during the challenge is against the rules.
- **The Burn/Cool-Down Period:** Once the last wing is eaten, you must survive a 2-minute mandatory burn period (cool down) without drinking fluids, leaving your seat, or washing your hands.

**BILLY
BOB'S
TORGGATA**